



AVENUE ROAD ARTS SCHOOL

Welcome to the Avenue Road Arts School's Independent Contemporary Painting with Bogdan Luca. Please bring the following materials to the first class.

Paint Colours (oils).

It is usually easier to work with the best quality materials available, especially for beginners. Cheap paints contain more filler; they are difficult to mix without obtaining muddy colours for that reason. Having said this, it is advisable to also use paint with abandon. I would recommend a combination. Try to get small artist quality tubes of primary colours such as cad red, cobalt blue and cad yellow. If you see 'hue' next to a pigment name, it means it's not the genuine colour. It might produce mud when mixed. These will last you a long time because they are very concentrated. Earth tones are cheaper and you can buy larger tubes of student brands.

Brands I use:

Williamsburg, Gamblin, Kama. Beautiful pigments. Can get expensive.

Stevenson, M. Graham – these are a good balance of price and quality pigments.

Georgian, Winton – these are cheap paints. You can buy the big tubes for mass. White and earth tones, as well as some greens are decent.

For Acrylic, get Golden or Liquitex

A good, all purpose color palette:

Titanium white a big tube

Cadmium yellow

Cobalt blue

Alizarin crimson

Ultramarine blue

Raw Sienna

Cadmium red

Optionals:

Viridian or phthalo green

Black

Earth red and umber

Some purples

Linseed oil is cheap and readily available but will yellow with time. Safflower oil is better. Use sparingly.

Use mineral spirits very sparingly. The best are: Gamsol from Gamblin and Izosol from Kama pigments. These have the lowest evaporation rate. Always keep a lid on your brush-cleaning container, removing it only when necessary. Long-term exposure to vapors is detrimental to your health and everyone else's in the studio.

For acrylic, you could get an acrylic matte medium.

You will need a disposable palette pad, 16"x20" is a good size. Two jars for water or oil/cleaning. A metal palette knife, 2" or 3".

Brushes. A selection of sizes, at least one large flat brush 2" or more, a medium filbert and a round smaller brush that makes a point. I prefer bristle brushes but you should try some of the soft synthetic brushes as well.

Rags or paper towels. Older clothes – you shouldn't be worried about ruining your clothes when painting. An apron or coveralls are a good idea.

Canvas pad, the larger the better. 18"x24" is a good minimum. Or stretched canvas.

Some drawing supplies would be handy. Sketch book, pencils, vine charcoal sticks, kneadable eraser.