



AVENUE ROAD ARTS SCHOOL

Welcome to the Avenue Road Arts School's Approaches to Painting with Michael Antkowiak. Please bring the following materials to the first class

The following materials will be used every week. Both acrylic and oil paint can be used in the class.

- Oil or acrylic colour paints. Windsor and Newton, Gamblin or Old Holland are recommended brands for oils, Golden for acrylics:

Yellow Ochre
Cadmium Yellow light
Burnt Sienna
Burnt Umber
Cadmium Red
Red Oxide
Ultramarine Blue
Cerulean Blue
Ivory Black
Titanium White

- Paint palette: wax paper, plastic or wooden. LARGE palette please – you will appreciate the extra room to mix.
- Painting medium: Gamblin's "Galkyd" (Alkyd resin painting medium)
- + Linseed oil +
Odourless Mineral Spirits OR Windsor and Newton's "Liquin". *Please do not bring Turpentine to class (it is absorbed through skin and very toxic).
- Containers to hold oil medium/water.
- Cotton rags.
- Brushes: Hogs hair brushes for oil paints. Synthetic/sable if working in acrylic.
- "Filbert"(Curry's or Escoda brands recommended) in a variety of sizes – between 1" to 2" width.
For detail work, "round" brushes (between #1 to #4).
- Canvas board or stretched canvas – 11 x 14 up to 24 x 30".
- Palette Knife.