



AVENUE ROAD ARTS SCHOOL

Welcome to the Avenue Road Arts School's Approaches to Painting with Michael Antkowiak. Please bring the following materials to the first class:

MATERIALS

- Oil or acrylic colour paints. Windsor and Newton, Gamblin or Old Holland are recommended brands for oils, and Golden recommended for acrylics:

Yellow Ochre	Cadmium Red	Cerulean Blue
Cadmium Yellow light	Alizarin crimson	Ivory Black
Burnt Sienna	Ultramarine Blue	Titanium White

- Paint palette: wax paper, plastic or wooden. LARGE palette please – you will appreciate the extra room to mix.

- Painting medium #1: Gamblin's "Galkyd" (Alkyd resin painting medium) + Linseed oil + Odourless Mineral Spirits. Purchase each separately and mix together during class.
OR

Painting medium #2: Windsor and Newton's "Liquin". Use straight out of the bottle.

*Please do not bring Turpentine to class (it is absorbed through skin and very toxic).

- Containers to hold oil medium/water. All containers must be capped to prevent toxic fumes building up during class.

- Cotton rags.

- Brushes: Hogs hair brushes for oil paints. Synthetic/sable if working in acrylic. "Filbert" (Curry's or Escoda brands recommended) in a variety of sizes – between ½ to ¾" width.

For detail work, "round" brushes (between #1 to #4).

- Canvas board or stretched canvas – 11 x 14 up to 24 x 30". Ready primed or with minimum 3 coats of Gesso. Tone canvas with an even mid-tone grey acrylic ground. (Instructor will discuss in first class).

- Palette Knife optional.

- Sketchbook optional.