



AVENUE ROAD ARTS SCHOOL

Welcome to the Avenue Road Arts School's Studio Painting: Independent Studies with Michael Antkowiak. Please bring the following materials to the first class

The following materials will be used every week. Students may use either acrylic or oil paints.

- Paints: Windsor and Newton, Gamblin or Old Holland are recommended brands for oils, Golden for acrylics:

Yellow Ochre
Cadmium Yellow light
Burnt Sienna
Burnt Umber
Cadmium Red
Red Oxide
Ultramarine Blue
Cerulean Blue
Ivory Black
Titanium White

- Paint palette: wax paper, plastic or wooden. LARGE palette please – you will appreciate the extra room to mix.
- Painting medium: Gamblin's "Galkyd" (Alkyd resin painting medium) + Linseed oil + Odourless Mineral Spirits OR Windsor and Newton's "Liquin".
*Please do not bring Turpentine to class (it is absorbed through skin and very toxic).
- Containers to hold oil medium/water.
- Cotton rags.
- Variety of sizes and shapes of oil/acrylic brushes i.e. flat, round, filbert. The more the better!
- Canvas board or stretched canvas:
5 – 8 small (e.g. 8 x 10") canvases for paint sketching.
1 – 2 large canvases for final paintings.
Ready primed or with minimum 3 coats of Gesso. You may tone your canvas with a colour, in a 'mid-tone' or you may work on a white ground.
- Sketchbook, or drawing pad.
- Charcoal Pencils/graphite pencils. brand – hb, 2b