



Adult Material List

Welcome to Intuitive Painting with Farida Zaman at the Avenue Road Arts School.

Please bring the following materials to class:

- 3 canvases or Deserres sells them in packs of 5 from \$14.97-\$34.99
- Sketchbook
- Colour wheel
- Paper palette
- Gesso
- Foam brushes
- Foam paint roller
- Acrylic paint brushes – sizes 2, 4, 6, 8 and 10
 - Mainly flat brushes, a round brush required for detail
- Spray bottles
- Rags
- Roll of kitchen towels

Acrylic Paints

Cadmium Yellow Medium

Yellow Ochre

Red Oxide

Cadmium Orange

Cadmium Red

Ultramarine Blue

Phthalo Green

Raw Sienna

Raw Umber

Titanium White

Black

*Please also choose five of your favourite colours from the “AMSTERDAM” – ALL ACRYLIC LINE

For example: Yellowish Green, Turquoise Green, Bright Pink